



Upcoming Webinar Monday, June 16, 2025
10 AM - NOON MT

Imposter Syndrome: Who am I & What am I Doing Here?



Judy Duchscher,
RN, BScN, MN, PhD

Who of us in the health professions hasn't experienced at least a moment or three when at a crucial moment, we thought "Who am I and what am I doing here?"

Join our excellent speaker, **Judy Duchscher RN, BScN, MN, PhD**; whose research generated a theory of Transition Shock and a model of Stage of Transition in nurses. She observes that Imposter syndrome dates back to the mid-20th century and is rooted in organizational behaviour and workplace psychology. It's best described as the fear of being exposed as a fraud, which can happen anytime in your career but most often in brand new healthcare professionals and when seasoned professionals transfer to new positions of often increasing responsibility.

In this session, Dr. Duchscher will:

1. Define imposter syndrome
2. Understand the neuro-psycho-biological and evolutionary underpinnings of Imposter Syndrome.
3. Understand how Imposter Syndrome expresses itself in new professionals.
4. Appreciate the influence of Imposter Syndrome on job satisfaction, job performance, organizational behavior and workplace culture.
5. Reflect on your own experiences of Imposter Syndrome.
6. Identify 2 strategies you can adopt to combat Imposter Syndrome (IS) in yourself and to support others in their struggles with IS.



Includes:

- 2 hours of Continuing Education
- The "live" webinar if registering in advance
- On-Demand Access for at Least a Year
- Certificate of Completion
- Q&A Session; handouts to view or print

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