



*Upcoming Webinar*

Tuesday, March 17, 2026  
10 AM - NOON MT

# The Silent Driver: Insulin Resistance & Chronic Disease



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## Objectives:

1. Define insulin Resistance and review the pathophysiology of IR
2. Identify risk factors and common clinical signs of IR
3. Identify diagnostic and clinical criteria used to screen for and diagnose insulin resistance and conditions related to insulin resistance
4. Develop management and prevention Strategies: evidence-based treatment strategies for improving insulin sensitivity, medications and encouraging lifestyle modifications
5. Identify resources and supports for patients.



## Includes:

- 2 hours of Continuing Education
- The "live" webinar if registering in advance
- On-Demand Access for at Least a Year
- Certificate of Completion
- Q&A Session; handouts to view or print

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