

# Please Post - New Workshop

Edmonton: Mon, March 30, 2026

*DoubleTree by Hilton Hotel West Edmonton*

Calgary: Mon, March 31, 2026

*DoubleTree by Hilton Calgary North*

## *Psychodynamics of BPD & NPD*

### Topics:

#### **The Psychodynamics of BPD**

- History of the Borderline Syndrome
- Descriptive Psychopathology of BPD
- Validity and Differential Diagnosis of BPD
- Kernberg's Theory of Borderline Conditions
- Adler and the Need-Fear Dilemma
- Paradox, Contradiction, and Double Binds in BPD
- Psychotic Symptoms in BPD
- Basics of Psychodynamic Treatment of BPD
- Transference and Countertransference in BPD
- Prognosis and Course of Illness in BPD

#### **The Psychodynamics of NPD**

- History of Narcissism
- Distinguishing Healthy and Pathological Narcissism
- Descriptive Psychopathology of NPD
- Validity and Differential Diagnosis of NPD
- Kernberg's Theory of Pathological Narcissism
- Kohut's Theory of Narcissism
- Etiological and Treatment Considerations
- Transference and Countertransference in NPD
- Prognosis and Course of Illness in NPD



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### Includes:

- Coffee & Tea
- Lunch (Soup, Salad, & Sandwich Buffet)
- Printed Handouts
- Certificate of Completion for 6.5 Hours of CE



Save \$20 until February 10! Group discounts available!