



## *On-Demand Webinar*

# The New Menopause



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### **Objectives:**

**At the end of the session, participants will be able to;**

1. Understand the definitions and diagnostic criteria of menopause and perimenopause and be able to differentiate between the associated hormonal changes.
2. Identifying the various symptoms like hot flashes, sleep disturbances, genitourinary symptoms, osteoporosis, sexual health, mood changes and their impact on overall health.
3. Explore treatment options for women; dosage, routes, composition and the role of the uterus; side effects to treatments
4. Discuss Non-hormonal treatment options and lifestyle modifications in the management of symptoms.
5. Discuss new information on HRT and breast cancer.

### **Includes:**

- 2 hours of Continuing Education
- On-Demand Access for at Least a Year
- Certificate of Completion
- Handouts to view or print

Group discounts available!



**\$39 + GST**