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## ON-DEMAND WEBINAR SERIES

# NICU: The Science & Soul of Trauma Informed Care

### Description:



Mary E. Coughlin,  
MS, NNP, RNC-E

Mary Coughlin has been a global leader in NICU care for over 20 years. Her books, including "Transformative Nursing in the NICU: Trauma-Informed, Age-Appropriate Care" has led the way in changing care practises in NICU's around the world. We are pleased to bring Mary Coughlin directly to you in this two part webinar, **NICU: The Science & Soul of Trauma Informed Care**. In the first part, Mary will discuss what constitutes "trauma" in the NICU & the consequences of early life adversity & exposure to toxic stress for the baby & family. She'll also discuss evidence based strategies that NICU staff can undertake that will mitigate these effects. In the second part, Mary will discuss importance of trauma stewardship & bearing witness; the difference between biocidic & biogenic care; & strategies to cultivate compassion. If you know you have more to give to the babies & families you serve than just ticks on a checklist, & want to develop care practises that touch lives and impact lifetimes, this webinar is for you.

NICU:  
Trauma Informed Care



TWO PART SERIES

### Includes (For Each Part):

- 2 hours of Continuing Education
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