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ON-DEMAND WEBINAR

Irritable Bowel Syndrome

Description:



Dr. Christian Turbide

Abdominal pain. Bloating. Change in consistency of bowel movements. Rushing to find a washroom. Missed work. Symptoms for years. Nothing seems to make it better.

This is the plight of those who suffer with **Irritable Bowel Syndrome**, an illness whose causes may well be multi-factorial, from infection, hypersensitivity, small intestinal bacterial overgrowth, food sensitivity, genetic factors and stress. The question is: how do we help these clients? They can be negatively impacted for years and completely run-down by the negative effects on their quality of life.



Please join **Dr. Christian Turbide**, a gastroenterologist from the University of Calgary, whose special interest in this area has advanced our knowledge on the topic. Dr. Turbide will discuss the relevant physiology, the IBS "landscape" in Canada, risk factors, cutting edge Health Canada approved medications, and lifestyle modifications that help ameliorate symptoms. This is an essential webinar for nurses, dietitians and other health care professionals who work in primary care, GI clinics, endoscopy settings, medical surgical settings, occupational health, tele-health, disability, and in chronic disease.

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