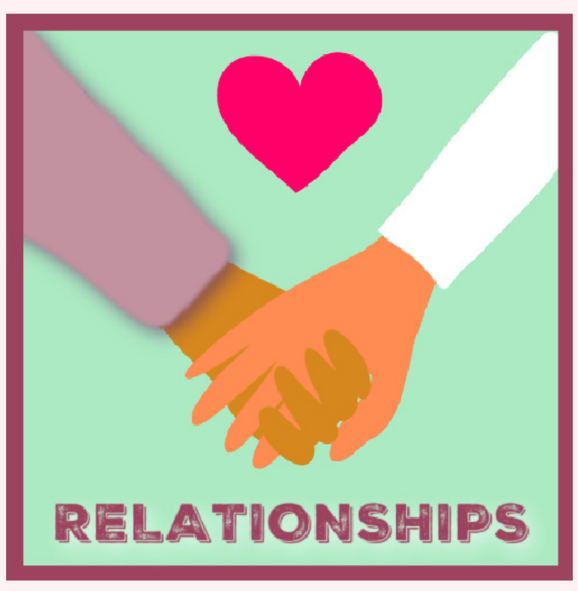
ON-DEMAND WEBINAR

What Makes Relationships Work?



Sandra Reich,

M.Ed



Description:

Every couple struggles in their relationship or marriage from time to time. However, whether you are dealing with your own relationship, or are counselling couples & families, there are some signs that are important predictors of the future of the relationship. In this webinar, therapist Sandra Reich will not only discuss Gottman's important empirical research on relationships and the revelations it held, but she will also draw on her experiences in couples counselling & from her couples' retreats. Join us for this great webinar on identifying problem areas in relationships, how to improve communication & trust; break problematic patterns; reduce conflict & identify some key actions that can improve relationships & marriage.

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